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Product: Sol Flower @livewithsol_





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Sol Flower @livewithsol_,
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Product: Copperstate Farms @copperstate_farms

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THE SCIENCE BEHIND
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By Kush Kween

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Cannabis is a plant that has been regularly used by humans since at least the third millennium B.C., and it is a plant unlike any other. In recent years, many states within the U.S. have decriminalized or legalized cannabis, prompting many adults to adopt the plant into their lifestyle. With society's general consumption of cannabis increasing, it is important for new and continuing consumers to know how it affects the body and mind.

What is cannabis?

Cannabis is a flower-producing plant that first appeared on the Tibetan Plateau and spread to Europe nearly 6 millions years ago, according to fossil records. Analyzed records also show that cannabis appeared wherever humans traveled. Whether it was

purely an act of nature scattering around rogue seeds or there was intentional planting by humans, people left enough evidence of cannabis use to be noticed millions of years later. Over time, the climate in a given area would produce cannabis varieties well-suited for their particular environment. These different types of cannabis, or strains, produced variations unique to where they were grown. Fast forward many millennia later and there are now numerous strains of cannabis.

Though knowing the different strains may help in identifying types of cannabis, it does not account for the chemical differences present in every form of cannabis. A strain name, by itself, does not tell you what it consists of chemically or how it will affect you. However, it does provide a starting point for you to gather more information about how the consumption of cannabis can affect you.

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